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The Classmate Magazine

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1994-02

**The Classmate: The Naval Postgraduate School  
Magazine, Monterey California/ (February 1994)**

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February 1994  
THE NAVAL POSTGRADUATE SCHOOL MAGAZINE  
MONTEREY, CALIFORNIA

# the classmate

*Winter*



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# Winter in Monterey

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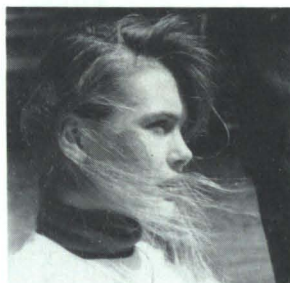
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## EDITOR'S ADDRESS

by Amy Converse



Sometimes you have to jump the proverbial fence and taste the bitterness of the grass on the other side to realize just how good life is at home. During the winter break, my husband and I traveled to Seattle to visit some relatives and friends. Although Seattle is reputed to have an absolutely beautiful Summer, the incessant winter rains really made us realize just how idyllic the weather is here in Monterey, even in the Winter. Of course no place is perfect, and coming from the Northeast, I do miss the peacefulness and beauty of a snowfall in February. When I think of February back home, I remember cold, snowy, late night walks with my parents back East. The snow was fresh and undisturbed and we were the only

ones crazy enough to plow through it at that hour. Those times were special, quiet and magical.

Now, I look forward to hitting the slopes at Tahoe with my husband, eagerly awaiting Valentine's Day, whale watching, and enjoying the cool, mild Monterey wintertime. Although I have enjoyed every duty station at which we have lived, I have to confess that I feel especially fortunate to live in Monterey. As I write this, I am aware that we only have one more year in Monterey and I have so much I want to see and do!

The February issue, *Winter In Monterey*, is filled with upcoming events around the Bay and at NPS. The upcoming **Cram-A-Lot** will keep you informed and amused: Don't miss the fun! We've also included an article on sea otters for those of you who enjoy grabbing a pair of binoculars and locating those playful mammals along the coastline. And for the rest of you, who want to observe them up close, Tracey Vaughan has written an article

on the Monterey Bay Aquarium, highlighting their new exhibit, *The Mating Game*.

Another aspect of Monterey for which I am particularly fond is the colorful and rich history of the town and surrounding region. This history has been amazingly well preserved in many of the works of John Steinbeck. I have become an avid admirer of his books and it just so happens his birthday falls in February. The entire month is celebrated with plenty of events and activities in honor of his birthday. Our column, *The Book Nook*, features one of John Steinbeck's popular novels, *Of Mice and Men*. If you haven't read it already, I highly recommend it.

Lastly, we've included a variety of articles, from the thought provoking, *A Lesson In Survival*, to the lighthearted, *How To Keep The Passion Going... With a Bolt Lock?* So if you need to beat the mid-term blues, take a break, read **THE CLASSMATE**, then get out there and enjoy the many things that Monterey has to offer!

S.R. HOLMAN GALLERY - "Sonya's Garden"





# PRESIDENT'S MESSAGE

by Cindy Martin



Now that 1994 is well underway, it is time to get busy again; the officer student spouse club (OSSC) has just the thing for you! We have many committees that need your help. Whether you have a lot or just a little time to spare, OSSC has many opportunities for you to choose.

The next couple of months have some great events coming up. On February 18th the OSSC in conjunction with the O'Club and the NEX will be bringing you an evening of fabulous wine tasting and door prizes, featuring over 20 local wineries. Watch for ticket sales soon. On March 3rd, "Cram-A-Lot" is a don't miss musical comedy, presented by fellow students, spouses, and staff. There will also be informational booths representing NPS and local service organizations and businesses. This is a free event, so come and enjoy!

March 5 is our Quarterly Bargain Fair at La Mesa Elementary School. This is the perfect place to find whatever you are looking for (or selling) from carpet to socks! On March 12th we have a very important event, the annual OSSC art auction. The income from this event goes directly back into the community in the form of scholarships or charity donations. Last year OSSC gave \$4300 in scholarships and another \$3750 in donations. Watch for more details coming soon.

Last but not least I would like to send a special invitation to all NPS spouses to come join us for our monthly meeting on Monday, February 7 and Monday, March 7 in the La Novia Room of Hermann Hall at 7:00 P.M. Bring a friend or come make a new one! For more information regarding OSSC, please feel free to call me at 646-8910.

## CALENDAR OF EVENTS

### February

- 7 - Membership meeting -  
La Novia room 7:00 P.M.
- 14 - Bake sale -  
SGC Boxes 10-1:00 P.M.
- 18 - Wine tasting -  
Ballroom 7-9:00 P.M.

### March

- 3 - "Cram-A-Lot"/Newcomers evening  
Ballroom 7:00 P.M.
- 5 - Bargain Fair -  
La Mesa Elem. 10 - Noon
- 7 - Membership meeting -  
La Novia room 7:00 P.M.
- 10 - Bake Sale -  
SGC Boxes 10 -1:00 P.M.
- 12 - Art Auction - 6:30 P.M.

## OSSC MEMBERSHIP

The Officers Students' Spouses' Club of the Naval Postgraduate School is for the spouses of all students. In addition to sponsoring monthly activities, OSSC also sponsors an Art Auction, Adobe Tour, International Student Tea, and many other holiday events. Dues collected entitles you to member discounts as well as monthly Pink Flyers and the OSSC Directory. To obtain a membership, fill out the form below and send it with a check made payable to "OSSC" to **Simi Carlson SGC #1126; Phone 647-8938**. 1 year (4 quarters) \$15; 18 months (6 quarters) \$20.00; 2 or more years (8 quarter +) \$25. This is a one time fee. International wives membership is free.

SGC# \_\_\_\_\_ New Member \_\_\_\_\_ Active \_\_\_\_\_ Associate \_\_\_\_\_  
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 Length of Membership \_\_\_\_\_ Amount Enclosed \_\_\_\_\_  
 Are you interested in committee work? \_\_\_\_\_ Volunteering? \_\_\_\_\_  
 Would you like to participate in our club administration \_\_\_\_\_  
 Would you like a copy of the OSSC By-Laws \_\_\_\_\_  
 Do you wish to have your name, spouse's name, service, address and phone number in the OSSC Directory? \_\_\_\_\_



## AROUND THE BAY

Compiled by  
the Monterey Peninsula Chamber of Commerce  
and Visitors & Convention Bureau

### Feb. 12-13 Mardi Gras

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### March 11 A Taste For Art

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# The Book Nook

by Tracey Vaughan

*Living in Monterey County - Steinbeck country - is the perfect place to experience Of Mice and Men, one of this master story-teller's best works.*

George's voice became deeper. He repeated his words rhythmically as though he had said them many times before. "Guys like us, that work on ranches, are the loneliest guys in the world. They got no family. They don't belong no place. They come to a ranch an' work up a stake and then they go into town and blow their stake, and the first thing you know they're poundin' their tail on some ranch. They ain't got nothing to look ahead to."

Lennie was delighted. "That's it- that's it. Now tell how it is with us."

George went on. "With us, it ain't like that. We got a future. We got somebody to talk to that gives a damn about us. We don't have to sit in no bar room blowin' our jack jus' because we got no place else to go."

Lennie broke in, "But not us! an' why? Because... because I got you to look after me, and you got me to look after you, and that's why." He laughed delightedly.

John Steinbeck's Of Mice and Men is a novel about loneliness and discouragement, but also about love and hope. Steinbeck was a master at reading the human spirit, and he does it touchingly and eloquently in this short novel written in 1937.

The main characters, George, small in stature, plain spoken, but clever and proud, and big, slow-witted, Lennie, are an unlikely pair. The two are bound together by a friendship George would sometimes not like to admit, and a shared dream that keeps

them moving forward.

The story takes place in southern Monterey County, when drifters roamed from ranch to ranch, farm to farm in search of whatever work they could find. For George and Lennie, a new job on a ranch near Soledad meant another step closer to their dream to buy a place of their own, with the chance to finally settle down, sink roots and have no one tell them what to do or kick them out. The traveling pair were a curiosity to the other hired men at the ranch, partly because of Lennie's retardation and partly because the two were traveling together; an oddity to most of the loners. Brusque George would reluctantly explain the unlikely alliance on a little white lie: that Lennie was his cousin and he promised his dead aunt to take care of his slow-witted kin. From George's perspective, he often wonders why he stays with Lennie, not liking to admit, even to himself, that he and his friend need each other. George would exclaim to Lennie, "God a mighty, if I was alone I could live so easy. I could get a job an' work, an' no trouble.. an' whatta I got? I got you! You can't keep a job and you lose me ever' job I get. Jus' keep me shovin' all over the country all the time... You get in trou-

ble. You do bad things and I got to get you out... When I think of the swell time I could have without you, I go nuts. I never get no peace." Innocent Lennie always offers to go away and leave his friend George, but for all his protestations, George sticks with Lennie, and their dream is like a light at the end of the tunnel.

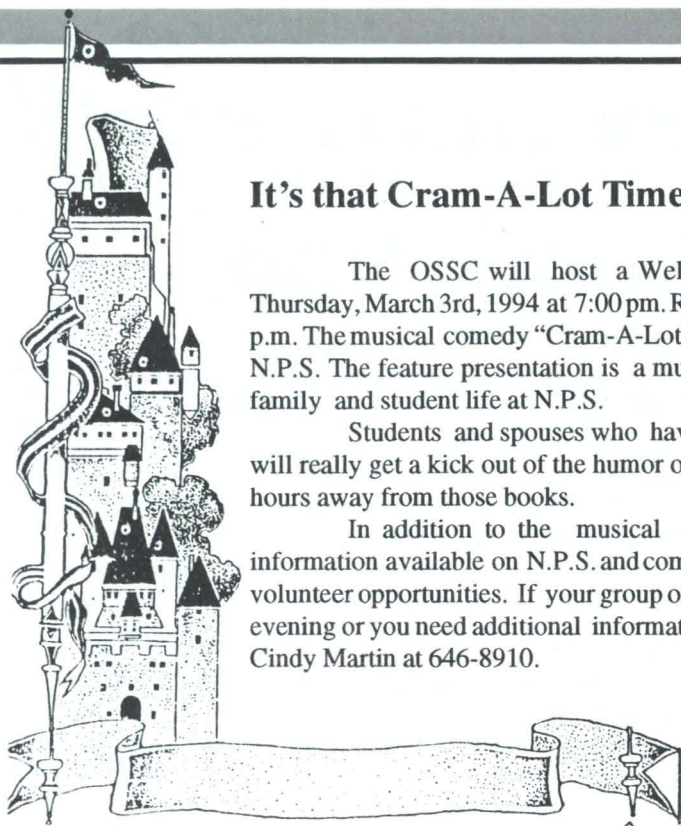
This simple, touching tale of desperate loneliness, and the way two friends strive for something better, is timeless, and has as much meaning today as it did more than half a century ago. Today's loners may work in more sophisticated jobs, travel in cars and planes instead of on foot and sneaking aboard freight trains, but the message remains the the same; we all need something to hold on to, to need and be needed. This book will probably make you cry and it will definitely give you a different perspective on the family and friends you have. The short, 118-page paperback can be read in less than day, so don't use the excuse that you don't have time.

**Footnote:** Read the book first, and then rent the recent movie remake now in the video stores. John Malkovich is in the role of Lennie. The movie is excellent and follows the book quite closely.



JS





## It's that Cram-A-Lot Time Again .....

The OSSC will host a Welcome Aboard New Comer's Evening on Thursday, March 3rd, 1994 at 7:00 pm. Refreshments and browsing will begin at 6:30 p.m. The musical comedy "Cram-A-Lot" will be presented by students and spouses of N.P.S. The feature presentation is a musical comedy giving an entertaining look at family and student life at N.P.S.

Students and spouses who have been here a while are invited as well. You will really get a kick out of the humor of Cram-A-Lot! Please come and enjoy a few hours away from those books.

In addition to the musical comedy, there will be refreshments and information available on N.P.S. and community organizations, activities, services and volunteer opportunities. If your group or organization would like to participate in the evening or you need additional information, please call Joni Murdock at 655-5810 or Cindy Martin at 646-8910.

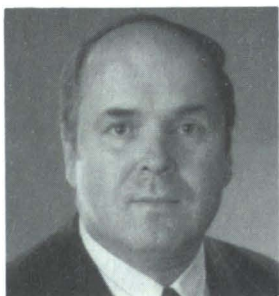
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# THE EDGE OF A COMPETITIVE ECONOMY

by Marcelle Wigley



NAFTA (North American Free Trade Agreement), a pact that will link Canada, Mexico and the U.S. into a single market, promises greater wealth, improved quality, and even the world market. These are lofty aspirations, especially with the unstable economic conditions of countries today. Indeed, just as economic pressures begin to ease (hark, there is even a murmur that unemployment rates are "lower than ever"), the United States approves legislation that will push the surviving "Mom & Pop" shops off the edge of the competitive economy.

NAFTA has split traditional friends and made many former enemies into strange bedfellows. For example, Al Gore and Empower America supported NAFTA, while Ross Perot, Jesse Jackson, Roger Milliken, Ralph Nader, Pat Buchanan and even the Sierra Club, all aligned themselves together against it! Clearly, traditional political boundaries have been blurred by this controversial trade agreement.

Proponents of NAFTA say it will work towards environmental cleanup on the Mexican border, lessen the flow of illegal immigrants into the United States, build a prosperous Mexico while strengthening the U.S. and Canadian economies, and, of course, remove barriers to a free trading market between these countries.

But these goals take on new meaning when viewed in a historic light. Throughout the 1940's, 50's, even up through the 60's, Mexico's gross domestic product, and every other traditional economic indicator, presented what was considered a great success story. Yet, closer examination of the misery and poorness among the masses, the gross (and still widening) inequalities of income between rich and poor, and the increased unemployment suggest that all was (and is) not well. In the 1950's the U.S. invested in Mexico's petroleum market. This investment was

promised to improve technology, create more jobs, and improve living conditions. So, why the Mexico of today? Highly capital intensive oil production employs very few people. The money it generates creates a rapid rise in the price level, thus worsening the standard of living for those who do not directly share in the income. Further, the few workers who were employed and paid the better salaries needed to be better educated than most of the population. And, those few who had the jobs and could find the education found an economy that did not have the necessary resources for their consumption. Likewise, the corporations themselves faced poor water quality, uncertain power supplies, and few roads by which to travel.

In the agricultural sector, only 3% of the Mexican farms accounted for 80% of the food production and number of landless laborers increased while their income dropped. Why? Only those who could afford to invest in land benefited, as the chasm between the rich and the poor widened due to the disparity between the income of the rich and the cost of living of the poor. Simply put, the speed of industrialization did not produce a corresponding increase in industrial employment, despite the improved output in construction in industrial employment, despite the improved output in construction or manufacturing.

In the United States, this economically weaker neighbor affects us as well. A corporation that cannot (or will not) meet EPA standards can simply move its business somewhere else where the standards are lower to attract business, i.e., Mexico or Canada. Then, it not only continues to pollute the environment, perhaps at even higher levels, but also takes American jobs along with it. The U.S. can afford to allow such companies to expand into markets where its costs are lower and

demands are greater, but can other countries provide the same benefit to us? Furthermore, can the small businesses of the United States compete in such an environment? If "Mom and Pop" can only afford to own one store, how can they reap any reward from such agreement that clearly benefits the large corporations? Will America or the world be a better place when served only by big business and corporations?

What the United States can hope is that NAFTA has provided measures to control these problems. One can hope that these agreements can, in fact, shrink the chasms that historically have been created from industrialization and foreign investment. Moreover, may the increased economic cooperation between the countries lead to increased cooperation in political and social arenas as well.

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## Salud!!! A Wine Tasting Event!!!!



Do you and your love interest want a fun romantic evening out? How about a wine tasting party? The OSSC and the NPS Officer's Club will host a wine tasting event in the Barbara McNitt Ballroom on Friday evening, February 18, from 7:00 to 9:00 pm. Wines from the finest Peninsula wineries will be served as well as delightful hors d'oeuvres. Special coffees and non-alcoholic beverages will also be served.

As an inexpensive date, the wine tasting is a great way to get out and relax with your spouse, date, or

friends. Ticket sales will begin February 8th and continue through the 16th. Check your SGC for specific dates and times of sales.

Keep your ticket stub because there will be drawings for some fabulous door prizes. You could win a night at a fancy hotel or a golf game at a famous club. There will be prizes from a variety of places, so come, have a glass of wine and enjoy yourself.

For more information, please contact Susan Everingham at 375-1926 or Wanda Meier at 372-8393. See you there!!!

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# Romantic Monterey Dining in Your Own Home

by Sheri Byrd



Let's face it, a major component in a good relationship is how often you hear those three little words, "Let's eat out." But with studies, budgets, children and other obstacles in the way, it can be hard to get to all those romantic little spots around the Monterey Peninsula.

Bring some of the most romantic dining offered in the local area to your own kitchen. We offer you selections from **Monterey's Cooking Secrets\***, featuring some of the most romantic dishes from the Monterey area's most popular and respected dining establishments.

If you are in the mood to woo your sweetheart with an elegant, romantic homecooked meal, this is just what you're looking for.



## Appetizer

### • Crab Cakes in Garlic Wine Sauce from Bindel's:

- 1 lb. crab meat, cleaned
- 1 C bread crumbs
- 1 large egg, beaten lightly
- 2 scallions, chopped
- 1 T Worcestershire sauce
- 2 T Italian parsley, chopped
- 1 T lemon juice
- 1 T Dijon mustard
- Cayenne pepper to taste
- 1/2 t. Tabasco sauce
- Kosher salt to taste
- 2 egg whites, lightly beaten
- butter for saute

Mix all ingredients together except the egg whites. Then fold in egg whites and chill. Form into patties and brown both sides in butter.

- 1 C white wine
- 1 t. shallots
- 1 t. garlic, crushed
- 1 T. capers
- 1/4 C lemon juice
- 1/2 C butter, sliced
- 1 qt. whipping cream

Reduce the wine, shallots, garlic, capers and lemon juice over high heat to a glaze. Add whipping cream and reduce until tiny bubbles form. Remove from heat and stir in butter slowly. Drizzle wine sauce over crab cakes before serving. Serves 6.

## Salad

### • Mixed Greens with Pecans and Honey Mustard Vinaigrette from The Fishwife

- 1/4 red wine vinegar
- 4 T Dijon mustard
- Salt to taste
- 1 T honey
- 1 C peanut oil
- 2 T water
- Chilled mixed greens
- 3/4 C roasted pecans

In a quart jar or bottle, mix the vinegar and mustard, shake well. Add the seasonings and shake until blended. Refrigerate.

On each of four individual plates, arrange a handful of chilled mixed greens. Top each salad with roasted pecans.

Dress each salad with the honey mustard vinaigrette.

## Soup

### • Sweet Pepper and Tomato Soup from Silver Jones Restaurant

- 3 red bell peppers
- 1 ancho (pasilla) chili
- 10 roma tomatoes

- 1/2 cucumber
- 1 C garlic cloves, whole
- 1/2 C olive oil
- 1/4 C white wine vinegar
- Sour cream garnish
- V-8 juice (optional)

Roast the bell and ancho peppers under a broiler until the skin blackens. Put peppers in a small bowl and cover.

Peel the tomatoes by dropping them in boiling water for 20 seconds. Remove them and quickly plunge them in cold water. Cut in half and gently press out the seeds.

Peel the cucumber, cut in half lengthwise and strip out the seeds with a spoon.

Poach the garlic cloves in the olive oil until they are soft and white, slowly. Peel the cooled peppers under running water and strip out the seeds

Throw everything in a food processor or blender and let it rip. You may want to add some V-8 for consistency. Chill thoroughly. Garnish with sour cream or creme fraiche. Serves 6.

## Main course meat, pasta, vegetable:

### • Chicken Breasts with Artichokes & Fettuccine from Taste Cafe & Bistro:

- 12 Chicken breasts, bones
- Salt and pepper to taste
- 1/4 C flour
- 4 T olive oil
- 1 med. onion, finely diced
- 4 gm. garlic cloves, minced
- 1 lb. mushrooms, sliced
- 1 C dry sherry
- 6 med. tomatoes, peeled & quartered
- 2 6 oz. jars marinated artichokes, drained
- 1 t oregano, dried
- 2 t basil, dried
- 3/4 lb. fettucine, cooked
- Salt and pepper chicken



breasts. Coat in flour, shaking off excess, then saute in 2 T olive oil for 5-7 minutes on each side. Transfer to serving platter and keep warm.

Prepare the sauce by sauteing onions in 2 T olive oil until transparent. Add the garlic and cook until golden. Add mushrooms and stir constantly until liquid evaporates. Add dry sherry, tomatoes, artichokes, oregano and basil. Lower heat and cook approximately 20 minutes uncovered. Adjust seasonings to taste.

Place chicken breast on a bed of fettucine and pour sauce over the plate to serve. Serves 6.

### **Dessert:**

#### **• Amaretto Tiramisu from the Old Bath House:**

22 Ladyfingers  
1 C strong espresso, cooled  
1/2 C Amaretto  
5 eggs, separated  
1/2 C sugar  
1 1/2 C Mascarpone cheese  
1/2 C bittersweet chocolate, chopped  
Cocoa powder

Lightly soak half the ladyfingers in the espresso and Amaretto and set aside.

Mix egg yolks and sugar until lemony. Add Mascarpone and mix until smooth. Set aside.

Whip egg whites until stiff. Fold into Mascarpone mixture.

Place the espresso - soaked ladyfingers in a 10" X 6" pan 3" deep and put half the Mascarpone mixture on top. Sprinkle half the chocolate on top of the Mascarpone. Repeat layering procedure with remaining ladyfingers, Mascarpone and chocolate to total two layers. Dust lightly with cocoa powder.

Cover with aluminum foil and refrigerate for at least one hour or overnight. Serves 6.

**\*Monterey's Cooking Secrets**, by Kathleen DeVanna Fish, Bon Vivant Press, 1993, \$13.95, is available at the NPS bookstore and other locations.

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On March 12 & 13, this spectacular dawn event will include balloons of different sizes, shapes and vibrant colors. Tethered balloon rides will be available to the public from approximately 8:00 am to 1:00pm and the cost will be \$5 for children and \$10 for adults. In addition there will be skydiving, crafts, souvenirs, food and lots of fun for the whole family, even a Moon Bounce for the kids!

The gates open at Laguna Seca Regional Park each day at 5:30 am (yes, in the morning!) with a hearty

pancake breakfast scheduled for 6:00 am on Saturday.

Stand among these beautiful balloons and hear the "whoosh" as propane burners slowly fill each balloon to its towering seven stories! The spectacular balloon launch is scheduled for 7:00 am with 40 of the country's best balloonists competing in what is called a "hare and hound" event. Balloonmeister, Michael Eakins, will take off first to scout the terrain and place a large red X in an area that will combine skill and daring to reach. Remember, balloons can't be steered - the pilots depend on the wind and their skill to guide the balloons.

The competing balloonist (the "hounds") will then track the "hare" to find the area where the X is located. Each balloonists' will drop a weighted

bean bag from his balloon. The object is to get closer to the X than your competitors.

Following two days of tough competition, where accuracy, not speed is the goal, each balloonists' points are calculated and averaged over the two day period. Sunday's competition culminates in an Awards Ceremony for the competitors.

Bring your family, friends and plenty of film for one of the most colorful, breathtaking and memorable events ever seen on the Central Coast.

Admission is \$3 per person; children 5 & under free. All proceeds will benefit local Monterey County charities. For more information contact: Bonnie Adams, Bostrom Management, 2600 Garden Road, Suite 208, Monterey, CA 93940, (408) 649-6544.

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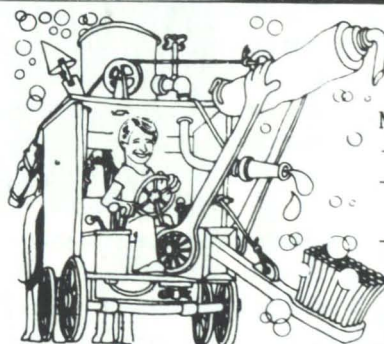


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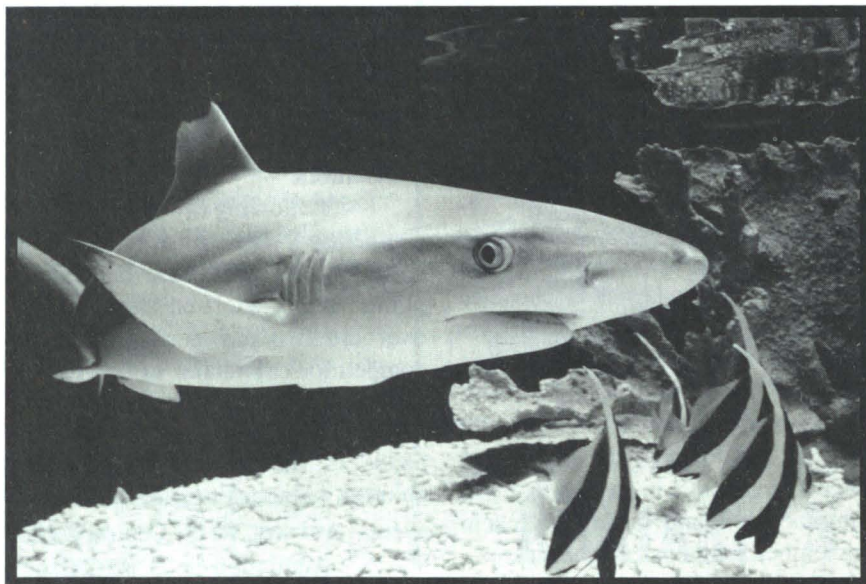
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# Mating Games Open at Monterey Bay Aquarium

by Tracey Vaughan



Imagine a species of females that reproduce by cloning themselves; a group that can change sex as they mature; males who carry their unborn offspring. No, this is not science fiction, although the realm of the deep seas seems other-worldly to most of us.

**"Mating Games: Reproduction and Survival in the Aquatic World,"** is the new special exhibit at the Monterey Bay Aquarium, newly opened on Dec. 18. The exhibit describes how with the aid of remarkable survival skills, aquatic creatures find mates, have babies and protect their young from harm. This unique exhibit is the first major aquarium exhibit ever devoted to the intricate behaviors aquatic creatures use to assure the survival of their offspring.

*"There is nothing more fundamental to life on Earth than the ability of an organism to reproduce itself,"* says aquarium Executive Director, Julie Packard. "The odds are stacked against the individual, yet species survive - generation after generation. It's incredible what aquatic creatures must contend with, and how they've evolved to overcome the odds."

More than three dozen species, from shortbirds to sea turtles, are part of

"Mating Games," each offering insights into different animals' strategies for success.

Among the featured creatures are green sea turtles and a fish called the California grunion - two species that live in the ocean but come ashore to lay their eggs.

There are dwarf caimans, relatives of the alligator, that tend eggs in buried nests; and cichlids, freshwater fishes that brood clutches of eggs in their mouths. Some fish, like the splashing tetra, lay their eggs on plants above the water, but safety has its price: the male tetras must splash the eggs with water every 15 minutes or so to keep them from drying out. If you think your kids get under your skin, consider the mother surinam toad. Female surinams carry their developing eggs under the skin on their backs to protect them from predators.

**"Mating Games" includes fathers who make great mothers:** male seahorses carry their young in a pouch on their bellies. As the young develop, his belly swells until, weeks later, the young seahorses emerge. Male giant water bugs carry the burden in child bearing. When the female finds a male

she likes, she lays a dense mass of nearly 100 eggs on his back - then swims away.

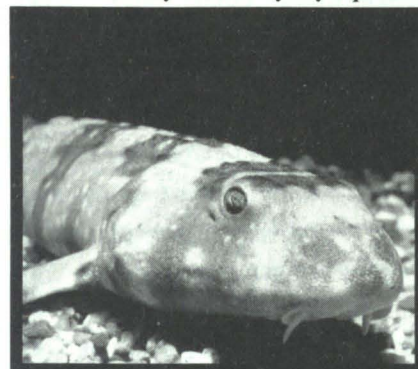
Many sea creatures have the ability to change from a male to a female, female to male, or even be both at once.

Colorful, tropical wrasses can change sex as they mature. While the males look nothing like the females, that's not to say they may not have been female at one time. If the male of a group disappears, a female wrasse can handily change into a male. They can change appearance within days and begin producing sperm instead of eggs. Anemone fish can transform from male to female; Sea hares can mate as a female, a male - or both. They often form long mating chains, fertilizing and being fertilized at once.

Amazon mollies, an all female species, produce only daughters that are genetically identical to their mothers. But the Amazons need to mate with males to trigger the growth of their eggs, so they fool inexperienced males of the look-alike Sailfin species into mating with them. The males' sperm triggers cell division in the Amazons' eggs- without passing on any genetic material.

**Some species need no mates-** anemones clone themselves on the rocks and sea urchins as well as Red abalone float billions of eggs and sperms on ocean currents, a process called "broadcast spawning," where a chance few connect and grow to maturity.

Photos Courtesy of Monterey Bay Aquarium



White spotted bamboo shark

(continued on next page)



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The timing of mating and survival is extremely specific in some species, seemingly irrelevant in others. Pacific palolo worm parents reproduce just once a year, on the seventh day after the full moon of the autumnal equinox, and die immediately after spawning. Their timing is so precise that Samoans used the event to mark the start of the new year. Tadpole shrimp, on the other hand, lay their eggs in the mud. When the mudpools dry up, the parents die, but the eggs remain ensconced in their dry mud wombs, sometimes through years of drought, until the rains bring them to life. Glass knifefish couples truly have electricity between them. These fish use electric signals to help find each other in murky swamps when the mating time is just right.

"Mating Games" includes games and activities for the family that tell the animals' stories.

Try your hand (or foot) at mimicking the dance of the blue-footed booby by watching the birds on video

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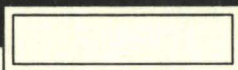
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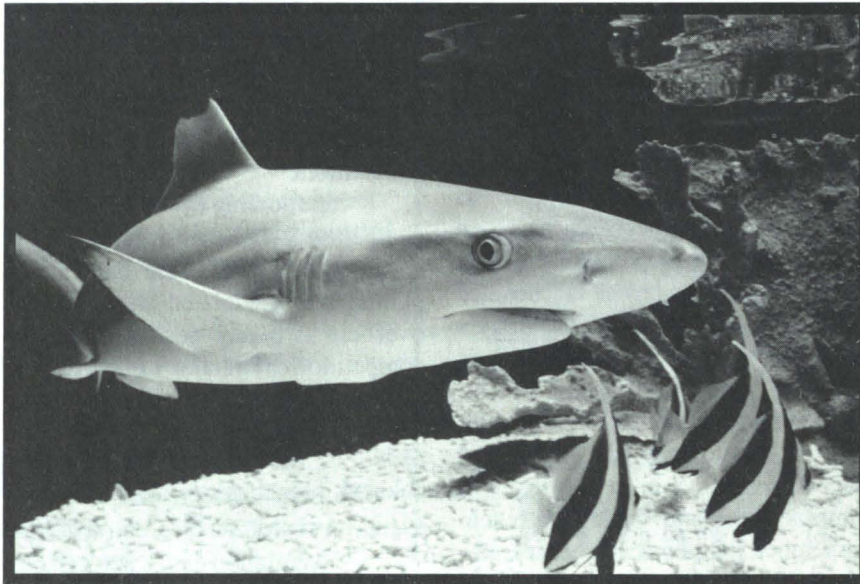
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by Tracey Vaughan



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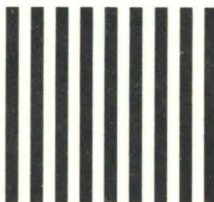
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10.00	10.75	9.65	8.78
10.25	10.90	9.82	8.96
10.50	11.06	9.98	9.15
10.75	11.21	10.15	9.34
11.00	11.37	10.32	9.52
11.25	11.53	10.49	9.71
11.50	11.69	10.66	9.90
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"Mating Games" includes games and activities for the family that tell the animals' stories.

Try your hand (or foot) at mimicking the dance of the blue-footed booby by watching the birds on video and following their painted footsteps on the floor. Crawl inside giant sea turtle eggs, and listen to the haunting and unusual mating calls of humpback whales, elephant seals and Pacific tree frogs.

"We want our visitors to celebrate the miracle of life that these animals represent," Packard says, "We also want them to realize that, by protecting their habitat, curbing pollution and managing fisheries, we can share our planet with these remarkable animals for generations to come."


"Mating Games: Reproduction and Survival in the Aquatic World" will be featured at the Monterey Bay Aquarium through Sept. 4, 1995.

The exhibit is free with regular aquarium admission: \$11.25/adults; \$8.25/active duty U.S. military, seniors and students; \$5/children ages 3-12 and the disabled.

The aquarium is open daily from 10 a.m.-6 p.m. Advance tickets and more information are available by calling (408) 648-4888.

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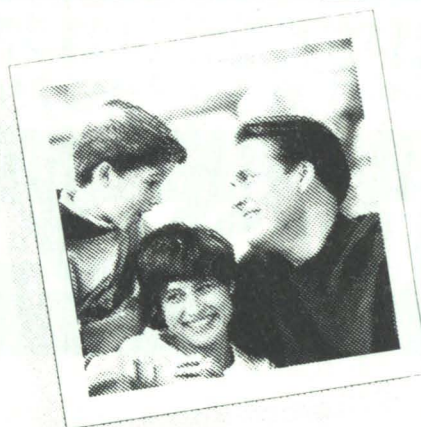
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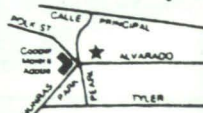
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## California Sea Otters

Along the coastline between Santa Cruz and San Luis Obispo Counties in California lives a unique member of the sea. It's a be-whiskered, pug-nosed mammal about four feet long, weighing 55 pounds, with a tail, webbed hind feet, hand-like front paws and a luxurious fur coat. It floats on its back, dining on shellfish with a rock balanced on its chest. Imagine all of this and you have a perfect picture of an otter.

The most interesting thing about the otter is its method of eating. It generally stays within a mile of shore and dives from 5 to 40 feet underwater to fish for sea urchins, abalone, crabs, clams, and other sea creatures. When he surfaces, the otter floats on his back and uses a rock as a tool to crack open shells, while using his sharp teeth to extract the food. The otter may also use a rock underwater to dislodge tenacious prey.

While resting, the otters wrap them selves into kelp which keeps them afloat and anchored. This kelp is the otter's natural habitat.

Also fascinating to observe is the mother/pup relationship. The devoted mother cares for her pup constantly until it is nearly a year old. Then the pup is weaned and can fend for itself. The female otter reaches sexual maturity at age 4 or 5 and gives birth to a pup every other year.

You can observe the otter along the kelp forest off the rocky coast of Pacific Grove. In Monterey you may see them at Municipal Wharf #2, Fisherman's Wharf, Cannery Row, and the Coast Guard Breakwater.

**What to do for an otter in trouble?** I received these helpful hints from Friends of the Sea Otter in Carmel. In a real emergency, dial 911. The Fish & Game, Highway Patrol or Sheriff will respond. If the otter is in distress, do not touch him. You may frighten the



otter and receive serious bites. If you find an orphaned pup still swimming in the water, leave the pup alone in case the mother returns. If there is no sign of the mother after an hour call Fish & Game at 649-2870.

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## Appreciating Valentine's Day - and Every Day

by Lizette Peredo Varner



We did our best to enjoy Valentine's Day 1993. We had a gourmet dinner artfully served on our never-used china. There was candlelight and even champagne chilling in a bucket. Our meal had all the trappings of a romantic evening on the town, but instead a more somber note prevailed. I was flying to Miami that night, on my way to have major surgery.

We never quite know what we are capable of or how strong we are until we are put in a situation requiring us to find out. I also never realized how much I was loved until the situation demanded I open my eyes and look.

I always took for granted that my husband and parents loved me. Even the months prior to the surgery, as I was undergoing tests, I was too worried to notice the quiet support their love offered. It was not until the surgery that I finally realized how much they loved me and how strong those feelings actually were. I could see the pain on their faces as they sat with me in the hospital. I have a dream-like memory of my husband and my parents talking to me after the surgery, and although it is a short memory, I remember the relief in their voices that I had made it out fine.

For the first time in my life I really learned how much my parents loved me. It did not matter to them that I was 25 years old or that I was married and capable of having a family of my own, I was, and still am, their little


girl. It tore their hearts to see the pain I was experiencing. As for my husband, we had not even been married for a year and he went through an event that some couples married for 25 years cannot handle. My parents kept teasing him that *my warranty had not expired if he wanted to return me*. He was at my side the whole time, listening to my fears, reassuring me and always telling me how much he loved me. It was then that I learned the true meaning of a husband's love.

Valentine's Day 1994 will hold special meaning for us. We will look back at the past year with a feeling of relief. And then when we sit down for our romantic meal, we will first thank God for His blessings. I will say a private prayer also and thank Him for showing me the true meaning of human love.

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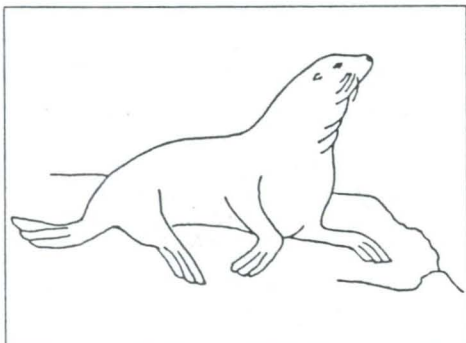
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# Wild and Free: A Monterey Shore Guide for Kids

by Pam Bane

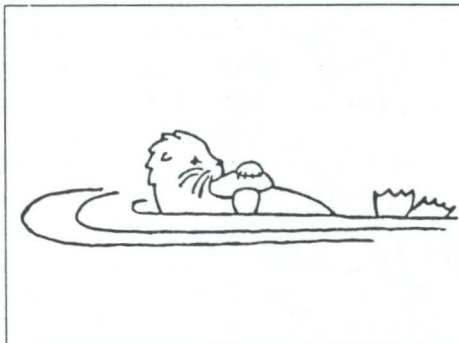
See if you can find these common residents of our local beaches and lakes:



## California Sea Lion

(rocky coast and Monterey piers)

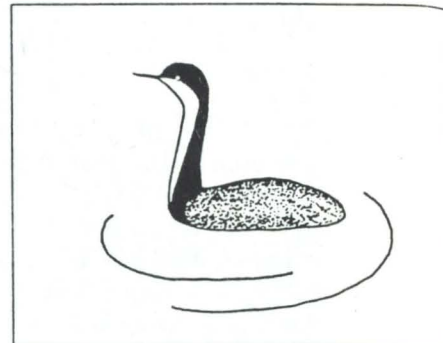
Like people, sea lions are mammals that breathe air. They are good swimmers, and eat fish. You can tell sea lions by the small ear flaps they have just behind their eyes. They are very large and have strong front and back flippers which they can use to shuffle quickly along the beach on "all fours." Sea lions bark to each other, and can be heard long distances—especially at night when they have rested in the sun all day!



## California Sea Otter

(quiet coves and kelp beds)

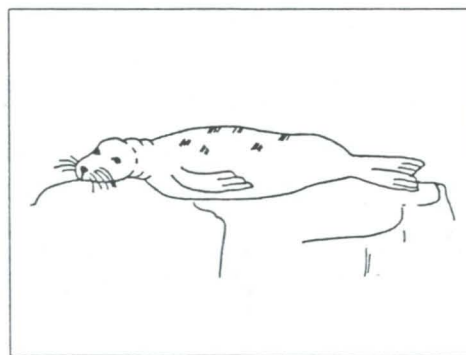
Sea otters have little round faces, and bushy whiskers; some people call them "little old men of the sea." They are often seen floating around on their backs, opening the shells of clams, scallops and mussels for food. Their front feet are like a dog's paws, and their back feet are webbed, like flippers. Sea otters are mammals that live in the kelp beds around Monterey, and they almost never leave the water.



## Western Grebe

(at the bay, Lover's Point, or the lake)

This perky coastline bird has a long swan-like neck, and pretty red eyes. Its head and neck are two-toned; black on top, white underneath. Grebes can dive underwater, search for food, and then pop up fifty yards away. They build their nests and raise their young in marshy areas sheltered by tall grass.

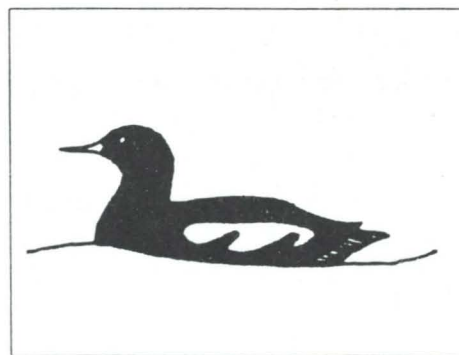


## Harbor Seal

(Monterey Bay, especially Lover's Point)

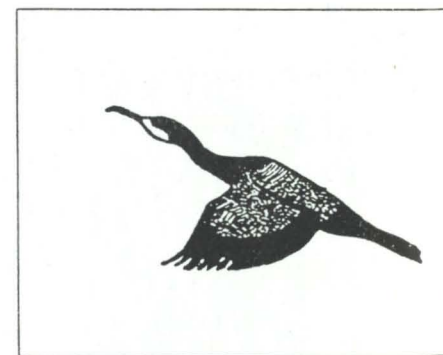
These small mammals are found in bays and harbors, but not in the open sea. Harbor seals have good hearing, but you can't see their ears. They have smaller tail flippers than sea lions, and they scoot along the beach on their front flippers and their bellies.

Seal pups are born on land, like other mammals. Their noisy nurseries are called *rookeries*. Mothers, called *cows*, call to their pups, who bleat back. Fathers, called *bulls*, bark and growl to keep enemies away.



## Pigeon Guillemot (Monterey Harbor)

They look kind of like black ducks, with pointy beaks, but they're not. They come to the bay during the spring and summer months, and build their nests under the wharves and piers from Cannery Row to Monterey Harbor. The male and female Pigeon Guillemots are usually seen in pairs, or with their chicks when they've hatched in the summer. Adult birds have white patches on their sides, but young guillemots may have to wait to get theirs.

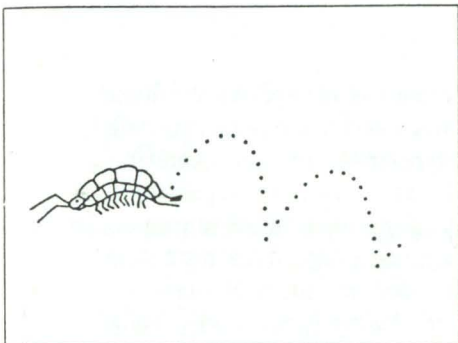


## Brandt's Cormorant (off-shore and Monterey Bay, or at the NPS pond)

Cormorants like to fly low over the water looking for fish to eat. They usually find the kind they like in kelp beds and often travel in large *feeding flocks*. The group of cormorants that nests at Point Lobos every year is called the *Point Lobos colony*.

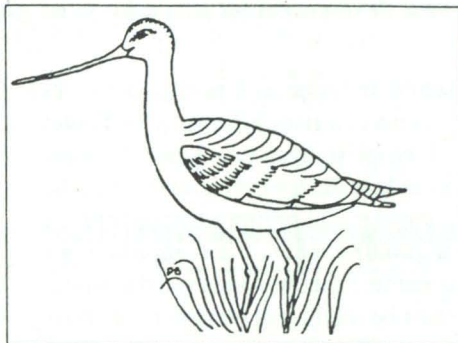


When you can recognize these animals, the public library has many books to help you identify more of the wildlife that lives here. You'll also enjoy a trip to the Pacific Grove Museum of Natural History where you can see examples of the animals listed here, and many more. Have fun on your wildlife adventures, but be careful; animals have feelings, too. Remember to be a safe, friendly observer.



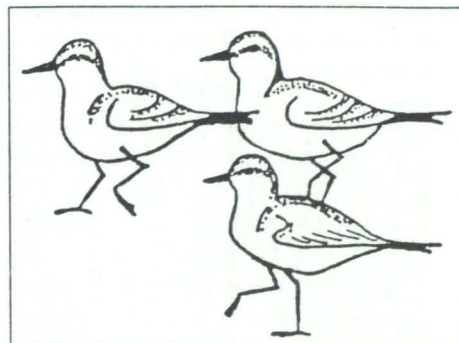
**Sand Flea** (at the beach)

Those hoppy little things that bother you when you are walking or playing on the beach are sand fleas. They don't bite! In case you don't see any and want to find some, look under some seaweed on the beach. They are food scavengers, and help to keep the beach clean by eating bits of seaweed and other things the tide brings in.



**Marbled Godwit** (Monterey Bay and grassy freshwater ponds)

Godwits are big, light-brownish birds with long, skinny legs that make them look like they are walking on stilts. They have long, skinny beaks that turn up a little bit, instead of down, like most birds' beaks. They whistle "godwit," which is how they got their name.



**Sanderlings** (on sandy beaches)

These small shorebirds run in flocks across the wet sand. They chase the waves out, then turn and run away from them. Along the way, they pick up little bits of food washed up with the waves. When they fly, the call "plick, plick, plick."

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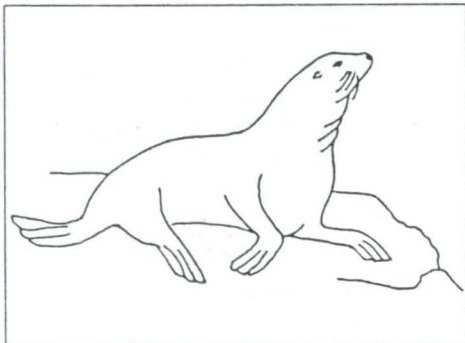
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# Wild and Free: A Monterey Shore Guide for Kids

by Pam Bane

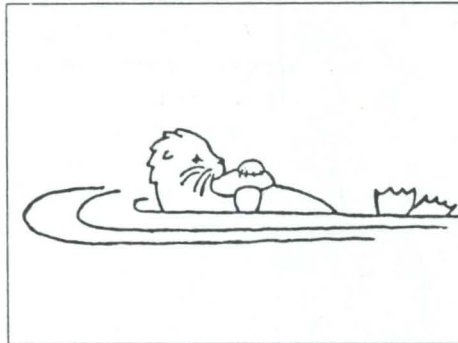
See if you can find these common residents of our local beaches and lakes:



## California Sea Lion

(rocky coast and Monterey piers)

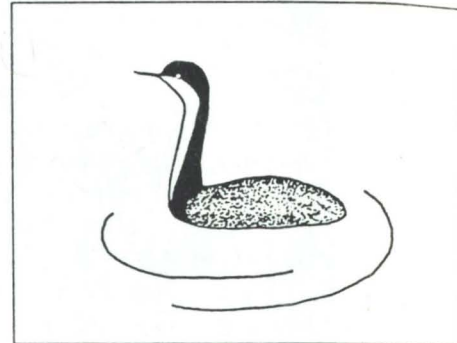
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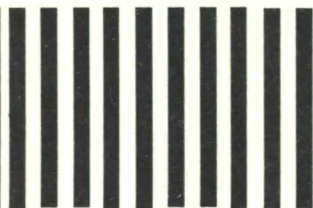


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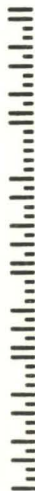


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THE WASHINGTON POST

# REAL ESTATE

SATURDAY, JUNE 30, 1990

Long & Foster Realtors, the largest real estate firm in the Washington Area, is one of the top-ranked real estate firms in the country, according to the Consumer Reports survey.

Long & Foster, a 22-year-old firm with 173 offices from Baltimore to Norfolk, scored a 77 total on the overall 100-point home-seller satisfaction index, which made it the second-rated firm in the country, according to the survey of 72,000 Consumer Reports readers.

Topping the list was Edina Realty, which operates in Minnesota and Wisconsin and received a 78 percent approval rating among Consumer Reports readers. Long & Foster edged out two other national firms—Re/Max and Merrill Lynch Re-

alty, now known as Prudential Real Estate Affiliates, both of which have offices in the Washington area.

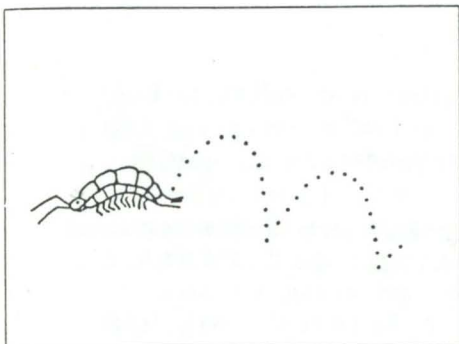
"We were thrilled," said P. Wesley Foster, Jr., president of Long & Foster, who attributed the strong ranking to good sales agents and an accomplished training department.

Several large national companies left readers more dissatisfied. Century 21, the largest brokerage firm in the country, won a 69 percent approval rating, while 68 percent of the readers surveyed who had sold their homes in the past four years were pleased with the performance of ERA Real Estate.

—Kirstin Downey

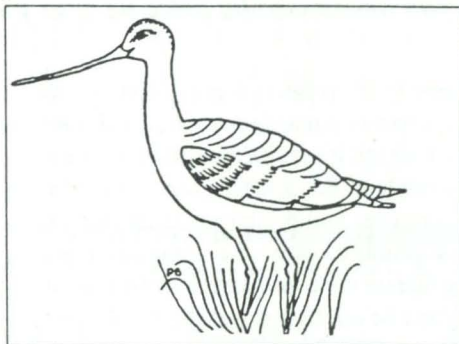


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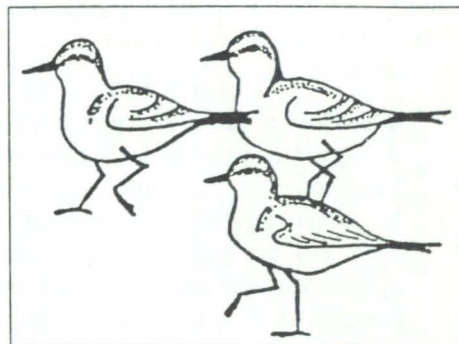
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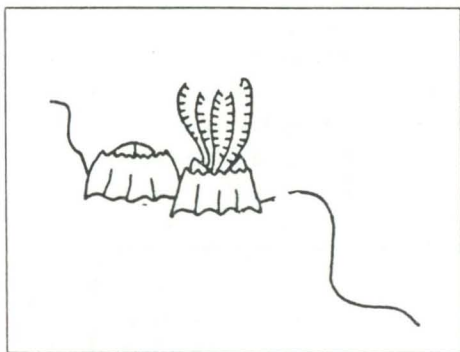
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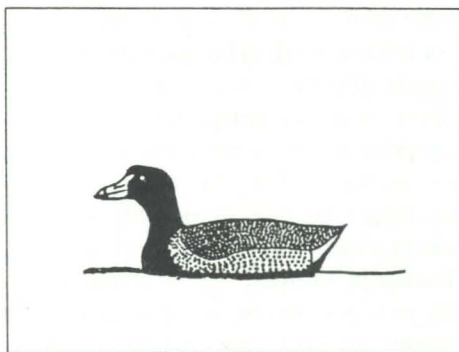
These small shorebirds run in flocks across the wet sand. They chase the waves out, then turn and run away from them. Along the way, they pick up little bits of food washed up with the waves. When they fly, the call "plick, plick, plick."



#### **Acorn Barnacles**

(on rocks, shells, boats, piers)

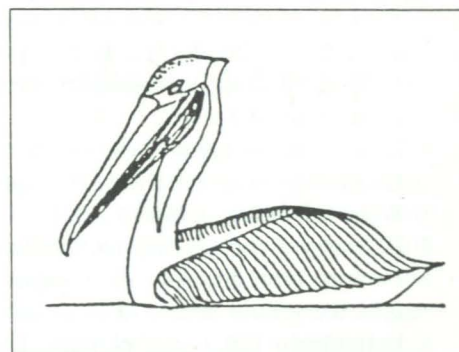
When you see groups of little white volcano-like shells on rocky sea cliffs, harbor piers, or even attached to sea shells, you have found barnacles! They don't look alive when they're out of water, but if you're real lucky, and the water stays still, you might get a peak at the little animals that built the shells. They send out feather-like hands which wave through the water and send tiny food particles, too small to be seen, called *plankton*, into their mouths.



#### **American Coot**

(El Estero and NPS Pond)

They're fun to watch, especially if you can see them with their chicks. American Coots are mostly black; their heads are velvety black and their backs are shiny black. Their white bills are wide and stubby, and they have a few white feathers underneath their short tails. Their heads nod forward and back as they paddle their feet in the water, or as they walk along the bank. They have funny webbed toes—look and see! They quietly say "kruk, kruk."



#### **Brown Pelican (in the harbor, El Estero)**

Larger than most birds around here, brown pelicans are easy to spot swimming or fishing in the harbor or the lake. They nest, and raise their chicks (often called *nestlings*) in Mexico or southern California. They especially like the summertime fishing in the Monterey Bay area. Pelicans fly low across the water, or dive from high in the air, straight down into the water, to catch small fish. A pelican has a stretchy throat pouch it uses to scoop up fish, and then carry its catch to shore for a quick meal.



# COMPUTER HACKER

by Lt. Col. David Gaitros

*"Find the printers that have the minimum capabilities you desire and let price be your guide."*



**This month we're going to take a look at the most expensive type of computer printer, laser printers.** Laser printers produce high quality print and graphics quickly, efficiently and at a low cost per page (3-4 cents). They operate on a rather simple and ingenious principle. A small laser beam places an electrostatic charge upon a metal drum in the reverse image of what is to be printed. Toner (a dark graphite - like powder) is rolled on the drum and adheres to the static charge. A piece of paper passes over a wire that places an opposite charge on it and is then rolled over the drum and the toner is transferred to the paper. At the same time the drum is de-charged and ready for the next page. The quality of print is spelled out by the number of small dots per inch (DPI) it can place on a piece of paper. 300 DPI is the minimum standard which is good enough to produce good quality text of any font and type as well as good graphics. The newer printers get up to 600 DPI which will compete with almost any commercial printer.

**Although all lasers work on the same principle, there are two basic types of laser printers;** PCL and Postscripts. In the PCL or Hewlett-Packard type printers the computer tells the printer where to place each individual dot on the page. The computer takes up most of the burden of formatting but these are usually simple computations. For years this was an industry standard. I purchased a new HP Laser Jet II printer with 4 Meg of memory in 1986 and it is still working today. That's because whenever you replace the cartridge in the printer you're also replacing the entire drum engine or guts of the system. (Cartridges are \$89).

The difference between the PCL and Postscript is the way data is

sent to the printer. A postscript printer accepts commands from the computer which tell it to print the letter "a", draw a circle or line, fill in an area, etc. The computer and printer share the burden of printing where the computer must generate the commands and the printer must be intelligent enough to interpret them. *Postscript printers produce sharper, clearer graphics and crisp clear letters in all font types and sizes. Although slightly more expensive and sometimes slower than the PCL printers they are quickly taking over the industry as a standard. If you're buying a new laser printer make sure it is Adobe Postscript compatible.*

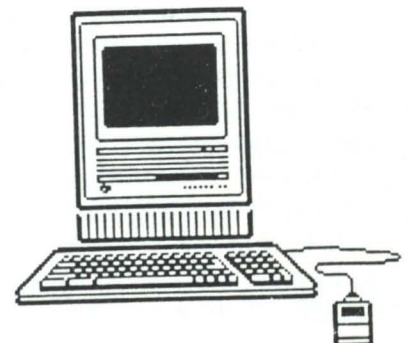
**Laser printers have many advantages over the other types of printers.** Most laser printers can print all the standard paper sizes (letter or legal) as well as odd sizes of stationary including envelopes. I have used my laser printer to produce transparencies for briefings, printed checks, and with special perforated paper you can even print business cards. Change the cartridge and you can print in different colors (depending upon the toner available). The more expensive printers can be changed to accept both PCL and Postscript formats. Speed is another factor to consider before deciding on a printer. At 4 to 6 pages per minute for the lower end models and 8 to 12 for the high end models, laser printers will outproduce any of the dot matrix or inkjet printers on the market today. *Laser printers have only three disadvantages: 1) Higher initial cost, 2) Larger size, and 3) Higher repair costs if they break (again, they are usually very reliable).*

The kind and type of laser printer you need depends upon your printing requirements. First look at your application programs to see what kind of printers are supported. If the brand of

laser printer is not specifically listed don't fret. Look in the printers manual for the types of other printers it emulates. Speed, density of print, capability to change formats (PCL/Postscripts), memory, paper capacity, and single or double sided printing will dictate the price of laser printers. If you're going to print lots of graphics get at least one megabyte of memory with your printer. Good laser printers start around \$500 and quickly go up. Add \$200 if you want Postscript.

It's tough to justify the cost of a laser printer for casual home use these days even with the recent drop in prices. Although print cartridges last thousands of pages they are still quite expensive. **Small businesses, authors, or anyone that requires high output of good quality print with diverse needs will benefit from a laser printer.** I have owned a Hewlett-Packard for years but Panasonic, QMS, Okidata, IBM and Canon all make fine printers supported by almost all of the popular computers and application programs. Find the printers that have the minimum capabilities you desire and let price be your guide.

Happy computing and drop us a note if you have any topics for future articles.





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## Surviving Marriage in the 90's:

### The Dual Career Family"

This one day workshop entitled "Surviving Marriage in the 90's: The Dual Career Family" is offered by the Monterey Recreation and Community Services Department. The class focuses on the dual-career family and how this major shift in the structure of family has occurred; the benefits and potential problems; and the strategies aimed at alleviating problems and enhancing the family as a whole. Singles are welcome. For further information, please call 646-3975.

PROGRAM: Surviving Marriage in the 90's: The Dual Career Family

AGES: Adults

DAY/TIME: Wed., 6:00 - 9:00 p.m.

SESSION DATES: February 16, 1994

INSTRUCTOR:

Dr. Catherine Hambley, R.N., Ph. D.

LOCATION: Hilltop Park Center,  
871 Jessie Street

REGISTRATION: Pre-register at the Monterey Recreation and Community Services Department office, 546 Dutra Street, Monterey.

## Aqua-bench Training

Explore new exercise possibilities with aqua-bench training. This class offers combinations of low impact aerobics and power moves. This class also incorporates aggressive underwater arm movements. Be a part of a challenging water workout using the aqua-bench. For more information, contact Briane Schonfeldt at 646-3730.

PROGRAM: Aqua Bench

AGES: 16 years and older

DAY/TIME: Tuesdays and Thursdays,  
5:30 p.m. - 6:30 p.m.

SESSIONS: February 1 - February 24  
and continuous in four week sessions

INSTRUCTOR:

Monterey Sports Center Staff

LOCATION: Monterey Sports Center

REGISTRATION: Pre-register at the Monterey Sports Center, 301 E. Franklin Street, Monterey.



## Coastal Cuisine

### Bradley's Harbor-Front Restaurant

by Tracey Vaughan



*Eclectic* is a good word to describe Bradley's Harbor-Front Restaurant, from the menu to the decor. This pretty eatery sits next to the Coast Guard pier at the end of Cannery Row in Monterey. Walking in the door, you notice first the great harbor views, then the interesting arrangements of unmatched antique-looking wood tables and chairs, interesting collectible mirrors on the walls, and clever standing screens made of old wooden doors with hinges connecting them, accordian style. The unmatched decor is refreshing—even the meals are served on a colorful collection of various plates.

The menu reflects the decor—a little of this, a little of that, liberal doses of creative California cuisine blend with Italian, European, even Asian influences. Chef Bradley Jones learned his art at the Culinary Institute of America and has been perfecting it at top restaurants and resorts ever since, most recently as head chef for Club IX at Pebble Beach. Bradley took the plunge last year and fulfilled his dream of opening his own restaurant.

What Bradley's restaurant does best is to combine the freshest of local ingredients into creative, tasty and beautiful appetizers, main courses and desserts. The menu selections are limited, but from the variety of dishes, there is something that will appeal to everyone. Specialties range from salads with Carmel Valley smoked salmon or crab cakes (team it up with the Castroville Harvest Creamed Artichoke Soup) and a variety of anything but ordinary sandwiches at lunchtime, to dinner favorites like roast lamb, grilled veal or roasted chicken with polenta. A

daily fresh fish is always offered, as well as pasta and other entree offerings.

Whatever you order, don't forget to leave room for dessert. Tempting sweets include souffles (a specialty), warm apple tart with caramel sauce, a decadent truffle-like chocolate terrine and my favorite, the creme brulee with berries and vanilla sauce.

Take your visitors to Bradley's for lunch for real Monterey flavor—they can watch the harbor seals, sea lions and otters playing in the water, as well as taste some of Monterey County's best produce, seafood and wines. Bradley's is also an excellent choice for a quiet, relaxing dinner. Warm candlelight, along with the city lights shimmering on the water outside, help create an intimate atmosphere. This is

#### If You Go..

**Bradley's Harbor-Front Restaurant,**  
132 Cannery Row, 2nd Floor,  
(at the Coast Guard Pier), Monterey  
**Phone: 655-6799**

**Lunch: \$5.95-\$10.50;**

**Dinner: \$10.95-18.95**

**Lunch: 11:30 a.m.-2:30 p.m.; Dinner:**  
**from 5:30 p.m. Tues - Sun.**

**Reservations: Recommended**

by no means a stuffy place, and dressy attire is not necessary. If you're looking for a world-class meal in a lovely setting, Bradley's is a winner.



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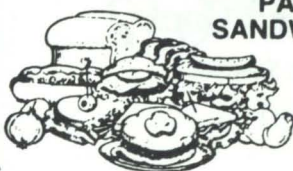
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Shelley D. Wise, D.C.

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Pediatrician, hairdresser, mechanic, and church. A move means you leave behind an entire cadre of trusted individuals on who you have come to rely. And what about a baby-sitter? No parent enjoys the "trial and error" approach to finding a dependable teenager or a responsive daycare provider. So turn to the Babysitting Co-op instead!!! When you join this group of La Mesa Parents you will avail yourself of a pool of experienced, reliable sitters for occasional day or evening needs. In turn, you agree to baby-sit, at your convenience, for other NPS parents who likewise want to be sure their kids are in able hands. Who ever thought finding a good baby-sitter would be less worrisome than finding a new hairdresser? Call Patricia VanWiltonburg at 655-4633 for more information.

## La Mesa Women's Bible Studies

Are you interested in meeting other women, looking for answers about family life, or discovering Biblical counsel on many areas? The La Mesa Women's Bible Study is for you. LMWBS provides a variety of non-denominational Bible Studies and childcare in La Mesa homes.

The winter quarter begins January 20th and continues through March 10th. Each study is held on Thursday mornings from 9:45-11:15. Childcare is provided for the morning studies. There is also an evening Bible Study available on Thursdays from 8:00-9:30 pm.

Flyers detailing Bible Study offerings, teachers, and locations were distributed to all La Mesa homes in mid - January. The flyers will also be available at the chaplain's office, housing office and the convenience store for those who do not live in La Mesa.

For more information please call Laurie Capen at 655-9702 or Cheryl Turner at 649-5690.



# How to Keep the Passion Going.... With a Bolt Lock?

by Susan Schmidt

*Roses are red,  
My husband is blue,  
The kids are still up,  
What can we do?*

I told my husband I was going to write a story for the February issue about love and passion. He thought that was fine as long as I didn't write anything personal about him. "Well dear, then who would you like me to write about?"

So, this is a story about Mike and Susan. Actually, this is a story about Mike and Susan, four kids and one dog. It wasn't long before Mike and I realized we were losing the battle for peace and quiet. I know you are thinking, "When did they realize this? Before or after the dog?" Anyway, we realized we were losing territory on the love and romance front as well. A line had to be drawn. We told our kids, "Read our lips. No new excuses in the middle of the night. I forgot to feed the dog or



Molly won't stop looking at me' at 2 a.m. just won't cut it. Unless it's an emergency like your sister's eyeball finally falls out from staring at you or the dog coughs up a cat, do not repeat, DO NOT come barging into our bedroom."

As you can imagine, the new line we'd drawn lasted a whole twenty minutes. I decided drastic measures

had to be taken. The next day I went to the hardware store and found exactly what we had been looking for; this was what we needed to help us regain our love and romance territory. I couldn't wait to show Mike the new hardware when he got home. I even thought I'd surprise him by installing it myself.

That night, after I had tucked our four angelic children into bed I whispered sweet nothings in my husband's ear and told him about my purchase at the hardware store. He looked skeptical but agreed it couldn't hurt to try. It's true, true romance never dies, sometimes it just needs a little boost, or a lifetime guaranteed, slide-action, bedroom door, deadbolt lock! "

*Happy Valentine's Day dear!"*

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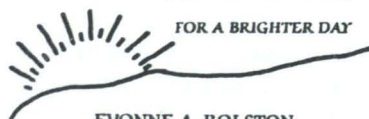
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Photo Courtesy of Monterey Bay Aquarium



The Monterey Bay Aquarium's mobile Aquaravan outreach program has hit the road, bringing a wide array of sea life and education programs to schools and other locations in the Monterey Bay region.

Each year, the Aquaravan reaches more than 20,000 people, including students in Monterey, Santa Cruz and San Benito counties, and the general public at libraries, fairs and other special events.

On the winter/spring schedule are visits to the state prison at Soledad and the Santa Cruz County Juvenile Hall, in addition to stops at public and private schools.

## MONTEREY BAY AQUARIUM

### *Aquaravan Takes To The Road*

When the Aquaravan pulls into town, kids and adults know they'll have more fun than a barrel of monkey-face eels. That's because the outreach staff does its best to mix entertainment with education.

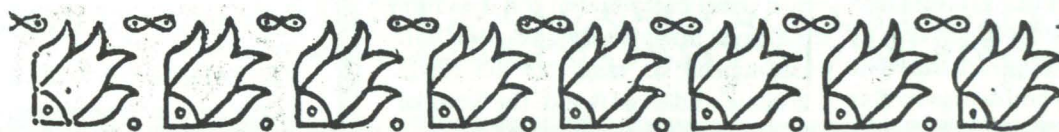
Dressed in shark or otter attire, they make points about animal behavior and environmental protection with educational skits at school assemblies. Toward the same end, they get kids to dress up as everything from whales to seastars to explain how marine animals feed.

In addition to skits (their current repertoire includes hits such as "The Perils of Pollution," "Sea Stars on Vacation" and "An Otter Adventure"), they bring a miniature aquarium with them in the Aquarium holding tanks. This permits them to set up sea water labs in classrooms far from the bay.

They also work with teachers from kindergarten grades through high school to craft classroom programs around themes proposed by the teachers themselves.

The outreach staff has developed marine science presentations for students in special education classes and bilingual programs for summer visits to migrant farm labor camps. Other educational skits, including a new program each year on squid (past titles include "Billy the Squid: A Calamari Western" and "New Squids on the Block") are tailored for general audiences. The latest production will be presented at the Monterey Squid Festival on May 29 and 30.

For information about arranging an Aquaravan appearance at schools and community gatherings, contact the outreach education staff at (408) 648-4850.



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## New Colin L. Powell Joint Warfighting Essay Contest

Sponsored by the U.S. Naval Institute  
Annapolis, MD.

With U.S. military forces facing potential threats and combat situations around the world, discussions of future joint warfighting capabilities, tactics, and strategies are more important than ever before. After four successful years, the **U.S. Naval Institute's Warfighting Essay Contest** is turning "purple." The Naval Institute is pleased to announce the first annual Colin L. Powell Joint Warfighting Essay Contest.

In the words of the former Chairman of the Joint Chiefs of Staff, the competition seeks "those who are motivated to enter this contest not by a need to 'toe the policy line,' but who are devoted to the security of this great Nation."

Essays should be about combat readiness in a joint context—persuasive discussions of tactics, strategy, weaponry, combat training, or other issues involving two or more services. Entries may be heavy in uni-service detail, but must have joint application in terms of force structure, doctrine, operations, or organization for combat. Interoperability of hardware and procedures may be discussed within the context of combat readiness. Essays are welcome from military professionals and civilians alike.

The Naval Institute will award cash prizes of \$2,500, \$2,000, and \$1,000 to the authors of the three best essays entered. Maximum length is 3,000 words, but shorter opinion pieces or "professional notes" (typically 2,000-word technical arguments) may also be competitive.

### **Entry Rules:**

1. Essays must be original, must not exceed 3,000 words, and must not have been previously published. An exact word count must appear on the title page.

2. All entries should be directed to: Colin L. Powell Joint Warfighting Essay Contest, U.S. Naval Institute, 118

Maryland Avenue, Annapolis, MD 21402-5035.

3. Essays must be postmarked on or before 1 April 1994.

4. The name of the author shall not appear on the essay. Each author shall assign a motto in addition to a title to the essay. This motto shall appear (a) on the title page of the essay, with the title, in lieu of the author's name, and (b) by itself on the outside of an accompanying sealed envelope containing the name, address, telephone, social security number, and short biography of the essayist, the title of the essay, and the motto. This envelope will not be opened until the Naval Institute has made its final selections.

5. All essays must be typewritten, double-spaced, on paper approximately 8-1/2" X 11". Submit two complete copies. (If typed on a computer, please also submit an IBM-compatible disk and specify word-processing software used.)

6. The essays will be screened by a panel composed of officers from the five armed services who will recommend six essays to the Naval Institute's Editorial Board. The Editorial Board will award the three prizes.

7. The awards will be presented to the winning essayists at a special ceremony in July. The award winners will be notified by phone on or about 20 May 1994. Letters notifying all other entrants will be mailed by mid-June.

8. The three prize-winning essays will be published in "Proceedings," the Naval Institute's magazine with a 120-year heritage. Essays not awarded a prize may be selected for publication in "Proceedings". The authors of such essays will be compensated at the rate established for purchase of articles.

• • • • •

Dedicated to the scientific, literary and professional advancement of the sea and military services," the

monthly "Proceedings" makes me think," said General Powell. "It presents articles that are not afraid to take a stand. It gets my juices flowing and sometimes it even gets my blood boiling. But that's what I need, and that's what I want, to better understand not only the sea services, but more and more about joint operations, and about what our troops are thinking out there in the field."

The U.S. Naval Institute, located in Annapolis, Maryland, is a professional society for the naval services, and is an independent, self-supporting, non-profit organization. The Naval Institute is not part of the government.

For more information: contact Bert Hubinger at (410) 268-6110.

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## *Put A Little Color in Your Life*

Remember that winter back East that you thought would never end? When you checked the garden each time you passed, hoping to spot a bit of green? Sure the kids had tromped through it too hard, but then, finally, there it was! The tips of the first purple - green bud, barely visible, but there was hope after all.

For us, wintering in Monterey this year, there's no need to wait! a variety of flowering plants thrive here year round. And, hey, who among us could not say that a bloom or two wouldn't liven up their front porch? Foregoing tales of woe and seed packets, and likewise stories of \$6.99 "Color Bowls" in order to move on quickly to advice passed down from my grandmother, to my mother and on to me: "Don't buy orchids with your Oreos, or geraniums with your garage shelves. Get yourself to a good local nursery!" Well those weren't their exact words, but that brings me to one great plant nursery, found in Carmel Valley.

*Orchid Gardens* is a working greenhouse nestled in the hills of Carmel Valley. Orchids come in an amazing variety; of shapes and sizes, including sprays of tiny blooms reminiscent of starfish, and elegant single blossoms on long stems. The colors range from pristine white to parrot green to almost any color imaginable.



Orchid collecting is an up and coming indoor hobby that takes loving care, but very little space. The *Phalaenopsis* orchid's requirements are very similar to those of the African violet, which many of us already have experience with.

The people at *Orchid Gardens* will let you browse through their stock of over 10,000 orchid plants, hundreds in bloom at any time, while they attend to their work. They will be happy to answer your questions and help you select your plant. They'll let you wander until you're ready for their help.



Take Highway 1, go east 8.4 miles on Carmel Valley Road, turn left onto Miramonte Road, go .8 miles to Los Robles Drive, and *Orchid Gardens* is on your right. Hours are Tues. Fri 10 a.m. - 3 p.m. and Sat. 10 a.m. - 4 p.m. It is closed Sundays. Mondays and holidays.

*(Taken from the Classmate's files)*



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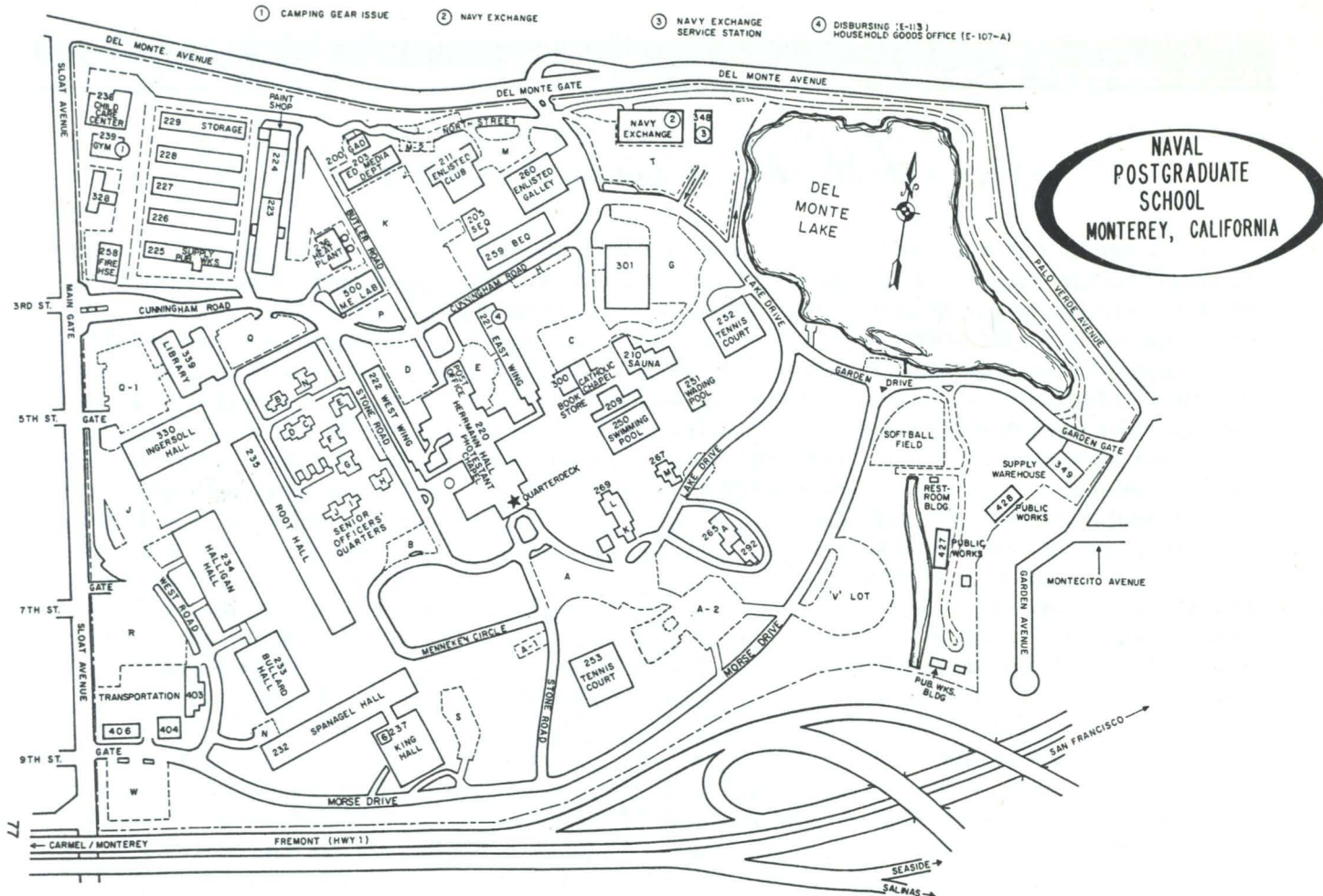
**CAPTAIN Linkenbach was formerly the Director of the  
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# A lesson in survival

by James P. Kinney

A battered little peach tree stands in our back yard. We had written it off after that hard winter several years ago - severe by Monterey Peninsula standards-when many older, heartier plants and trees did not survive.

The little tree evidently was planted some time before our arrival six years ago. For the first few years it sprouted leaves in the spring, blossoms in the early summer and eventually offered a modest crop of 30 or 40 small but delicious peaches.

But after that hard winter the little tree began to die. The first year almost 80 percent of its branch area stopped producing leaves. We dutifully continued to water and fertilize it. But the second year we could no longer detect any sign of life, so we talked about pulling it out of the ground and replacing it with a hearty native Monterey pine.

But, being a desultory farmer, procrastination quickly set in. I did not follow through. Then, with the arrival of spring, we noticed with surprise that, after a year exhibiting no signs of life, one of the tree's upper branches quietly began to push out buds, then healthy green leaves, then white blossoms and finally well-formed peaches as it had before.

It was not the first time I noticed the backyard seemed willing to teach me lessons should I be ready to receive them. Past experiences had taught me that by looking intently at simple things close at hand, insights and perceptions would emerge to shed light on some of the nagging contradictions and ambiguities I continually had found in life.

As summer approached, I found myself sitting at the top of the patio stairs from time to time, staring at the little tree. It was not, I decided, a sentimental curiosity. I was simply curious what the little tree was going to do next. Was it some form of vegetative bravery or just a natural compulsion

that had made the little tree decide to be productive again?

Idle reflections, part of me scoffed. Trees do not make decisions nor do they possess qualities that can be labeled praiseworthy or lamentable. Clearly, the tree had made no conscious decision to grow again. Conditions had simply occurred so that an apparently dead tree had recovered sufficiently from a hard winter to demonstrate renewed signs of life.

But as the weeks passed I noticed that, while the rest of the tree still showed no life, the upper branch that did was starting to bend toward the ground under the weight of the peaches and that it might be in danger of breaking. It was as if I were being quietly but insistently nudged to intercede.

I found a length of old 2-by-6 leaning against the fence and propped it securely under the sagging branch. The tree responded in time with a crop of 27 small, edible peaches.

It is winter now. The leaves on the tree's solitary functioning branch have turned yellow and orange and strong wind combined with a heavy rain will soon send them fluttering forlornly to the ground.

But as I continue to glance at the little tree from time to time, I cannot help but wonder what new surprises it may hold for us next spring. Will another of its branches start to grow again? Will it respond to another impulse yet hidden and dormant within its roots or slender trunk and surprise us once more with leaves, then blossoms and perhaps another crop of peaches to celebrate its summer of 1994?

Does the little tree have another quiet lesson to teach me about life? Whatever the little tree chooses to do, I feel with some certainty that I will be there at the top of the patio steps watching.

*James P. Kinney is a free-lance writer who lives in Pacific Grove.*

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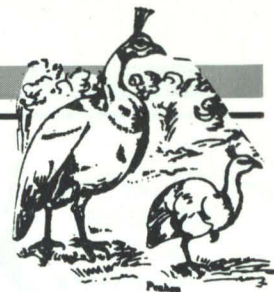
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# History, Legend, Peacocks and Paintings



Playing computer widow these days? Got the one - more-midterm blues? Feeling guilty because you hate jogging? Are your kids freaking you out?

No kidding! This assignment serves up its own brand of stress.

Fortunately, a cure is readily available -- no prescriptions, no appointments necessary.

Discover one afternoon, really discover, our own NPS campus. Not the classrooms or the exchange or the gas station, but the buildings and the grounds that were once the internationally famous Hotel Del Monte.

This can be a long, drawn-out discovery tour or a mini-get away each time you're on campus doing more mundane errands. Much of the grandeur is still here and is ours for the taking.

It helps if you're crazy about local history the way I am. This isn't the kind of history that is bogged down in battlefields and body counts. This is a history of glitz, celebrities, wealth. It's great fun to be a part of it even just briefly and in our own imaginations.

On a nice day, walk around the grounds and try to picture the likes of Mary Pickford or Greta Garbo at a garden party, President William McKinley using this area briefly as the western White House, aviator Charles Lindbergh taking one look at the beauty around him and thinking, (what else?) it would be a great place for flying. The NPS grounds crew still keeps up many flower beds and ornamental shrubbery worthy of the former hotel's illustrious past.

Traces of other even more ambitious gardening wonders of the hotel's history still exist. Start by the magnificent old trees on Engineer's Circle and walk by the grounds surrounding Spanagal Hall to enjoy exotic trees, plants, and shrubs, many labeled for your information and enjoyment. At one time landscapers boasted there was

a tree here from every country of the world.

Our own NPS swimming pool, which will open in May (watch for the Rec office notices for exact dates), and where our tots learn the doggy paddle, made a big stir when it opened as the "Roman Plume" in 1918. We understand Clark Gable swam here regularly; Jean Harlow was alleged to have gone skinny dipping in the wee hours of the night and one guest is reported to have been swimming here during the hotel fire of 1924.



Legend? Conjecture? Who knows? Who cares! What fun!

If you have some time, stroll around the perimeter of the campus. This is slightly more than two miles of peaceful, woodsy-like walking -- even though this area is surrounded by the noise and bustle of both NPS and the busy Monterey highways. Stop at the lake briefly to meditate, identify the unusual flora and fauna or just breathe deeply and enjoy the fresh air.

If the weather is more conducive to inside activities, discover the inner halls of the old Hotel Del Monte, our own Hermann Hall. Stop at the quarterdeck and ask for the key to the Tower Room. The Tower Room, you ask? Go to the Tower Room next to the dental clinic; look for the locked door; open it and climb a million windy stairs to one of the best views in the area.

Tired of heights? Go back down to the basement and visit the NPS Museum. Exhibits are open Monday through Friday from 11 a.m. to 2 p.m.

While you're inside - especially

on a grey, windy day, don't forget to check out the old Hotel Del Monte's ghostly "haunts."

The best way to get serious about this (one of my children's favorite rainy day activities, by the way) is to get a copy of Randall Reinstedt's Incredible Ghosts of the Old Hotel Del Monte. It's 50 pages of pictures and folklore will really help you forget engineering texts or Dr. Spock. Briefly, some of the best ghost hunting is supposed to be in the La Novia Room, the Tower Room and Ballroom. We haven't seen any ghosts yet, but we won't give up trying.

(Taken from the files of the *CLASSMATE*)

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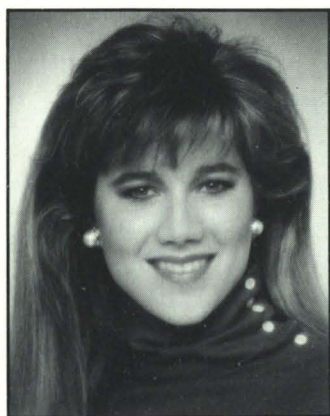
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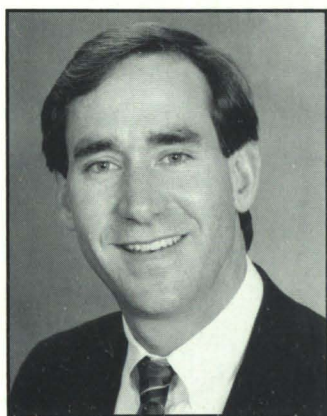
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